

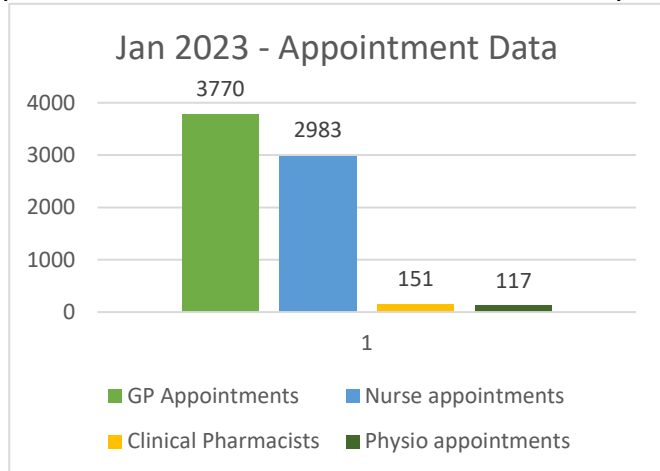
# THE ELMS MEDICAL PRACTICE

**Please remember** if you cannot attend your appointment, please contact us to cancel it ASAP please.

Your appointment could be offered to another patient who urgently needs advice.

## Positive News

Appointments available & booked in January 2023



Many of these are double or triple appointments



Vaccinations protect against serious illness

## Is your child protected?

There are a series of vaccinations that your child needs to keep them and others around them healthy

### 8 WEEKS

6 in 1 vaccine, Rotavirus vaccine and MenB

### 12 WEEKS

6-in-1 vaccine (2nd dose)  
Pneumococcal (PCV) vaccine  
Rotavirus vaccine (2nd dose)

### 16 WEEKS

6-in-1 vaccine (3rd dose)  
MenB (2nd dose)

### 1 YEAR

Hib/MenC (1st dose)  
MMR (1st dose)  
Pneumococcal (PCV) vaccine (2nd dose)  
MenB (3rd dose)

### 3 YEARS AND 4 MONTHS

MMR (2nd dose)  
4-in-1 pre-school booster

### 12 TO 13 YEARS

HPV vaccine

### 14 YEARS

3-in-1 teenage booster  
MenACWY

DNA numbers in December and January on childhood imms

7 Double appointments

It is never too late to have the MMR vaccine if you haven't had two doses. The practice will be sending invites to patients that haven't had a complete MMR

If your child is due a vaccination or has missed a dose, speak to a nurse to book an appointment

## CONTRACEPTIVE CLINICS

We are now offering a contraceptive Implant and Intrauterine Device (Mirena Coil) service here at the practice. You can book in with:

Dr Hannah Hughes for a coil insertion and with Nurse Julia Lawson for Implant insertions.



NHS

## Cervical screening can stop cancer before it starts

Don't ignore your cervical screening invite. If you missed your last cervical screening, **book an appointment with us today.**



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### Blood Pressure

Have you taken your blood pressure recently? Why not use our machine in the waiting room, then pass the results to the receptionist. [What is blood pressure? - NHS \(www.nhs.uk\)](http://www.nhs.uk)



**LGBT**  
foundation

The services and activities provided by the foundation include a range of support groups, face to face counselling, a helpline, email and pop-up services, befriending scheme... there are lots more.

To find out more visit [www.lgbt.foundation/how-we-can-help-you](http://www.lgbt.foundation/how-we-can-help-you)

You can also call them on 0345 330 3030 or email [info@lgbt.foundation](mailto:info@lgbt.foundation)

### FEBRUARY 2023 NEWS

Welcome to our two new team members.

**Macy** - Medical Receptionist

**Sophie** - GP Assistant

We are pleased to say we are hosting two medical students from University of Liverpool on their GP placements this month.

We will be closed for staff training on the

15<sup>th</sup> of February from 1pm-3pm.